LITERATURE REVIEW

Management of congenital third branchial arch anomalies: A systematic review

Keyvan Nicoucar, MD, Roland Giger, MD, Thomas Jaecklin, MD, MSc, Harrison G. Pope, Jr, MD, and Pavel Dulguerov, MD, Geneva, Switzerland; and Belmont, MA

No sponsorships or competing interests have been disclosed for this article.

ABSTRACT

OBJECTIVE: To systematically review the existing literature on third branchial arch anomalies and suggest guidelines for their management.

DATA SOURCES: We searched PubMed, Medline, and Embase using Scopus, and collected additional publications cited in bibliographies. We included all English-language articles and all foreign-language articles with an English abstract.

REVIEW METHODS: Two investigators reviewed all cases explicitly identified as third arch anomalies or meeting anatomical criteria for third arch anomalies; they assessed presentation, diagnostic methods, intervention, and outcome.

RESULTS: We found 202 cases of third arch anomalies; they presented primarily on the left side (89%), usually as neck abscess (39%) or acute suppurative thyroiditis (33%). Barium swallow, direct laryngoscopy, and magnetic resonance imaging were the most useful diagnostic tools. The recurrence rate varied among the treatment options: incision and drainage, 94 percent; endoscopic cauterization of the sinus tract opening, 18 percent; open-neck surgery and tract excision, 15 percent; and partial thyroidectomy during open-neck surgery, 14 percent. Complications after surgery appeared somewhat more frequently in children eight years of age or younger.

CONCLUSION: Third arch anomalies are more common than previously reported. They appear to be best treated by complete excision of the cyst, sinus, or fistula during a quiescent period. Repeated incision and drainage yields high rates of recurrence and should be avoided. Complications might be minimized by first initiating antibiotic treatment, delaying surgical treatment until the inflammatory process is maximally resolved, and by using endoscopic cauterization.

© 2010 American Academy of Otolaryngology–Head and Neck Surgery Foundation. All rights reserved.

The branchial arches give rise to specific derivates, which for the third arch include the superior constrictor muscles, internal carotid artery, ninth cranial nerve, greater horn, and body of hyoid bone. The third branchial pouch gives rise to the inferior parathyroid gland and, by migrating caudally along the thymopharyngeal duct, the thymus. Branchial arch anomalies may occur as fistulas, sinus tracts, or cysts, and are responsible for approximately 17 percent of all pediatric neck masses.¹ Branchial cysts have no external or visceral opening and thus retain secretions, while branchial sinuses communicate with either the skin or the pharyngeal lumen, and fistulas are tracts connecting the pharynx to the skin.

Most branchial anomalies arise from the second branchial apparatus; third branchial anomalies represent only two to eight percent of all branchial anomalies.^{2,3} Because of their rare occurrence, consistent recommendations on diagnosis and management are lacking, and reports on recurrence and complication rates vary widely. To augment this limited information, we sought to review all published cases of third branchial anomalies in order to summarize their clinical features and to identify the best options for diagnosis and treatment. Our review follows the model of a previous review that we recently published, examining the features of all published cases of fourth branchial arch anomalies.⁴

Materials and Methods

Literature Search and Selection of Cases

We searched the PubMed, Medline, and Embase databases using Scopus with the following word combinations: ("third" AND "branchial" AND "cyst") or ("pyriform" AND "sinus" AND "fistula") or ("thymopharyngeal" AND "duct").We considered all English-language articles plus all foreign-language articles that provided an abstract in English. We restricted the search to human studies published between 1968 and 2006. Of the 216 articles retrieved, 163 were excluded because they represented review articles on the subject (12), dealt with other congenital malformations or arch anomalies (119), described complications of surgery for tumors (18), or were laboratory studies on animals (14). A total of 53 publications remained. From the references of

0194-5998/\$36.00 © 2010 American Academy of Otolaryngology-Head and Neck Surgery Foundation. All rights reserved. doi:10.1016/j.otohns.2009.09.001

Received December 15, 2008; revised August 21, 2009; accepted September 8, 2009.

the selected articles, an additional 37 publications were identified and included. Unpublished reports were not considered.

Data Extraction

The first 90 selected publications, which included case reports, case series, and chart reviews, often included cases with other congenital anomalies in addition to cases of third branchial arch anomalies (Table 1, available online only, www.otojournal.org). Thus, we employed specific inclusion criteria to identify and segregate third arch cases, requiring either that the case be 1) explicitly identified as a third branchial arch anomaly by the authors, or 2) characterized by a clear description of a tract starting in the base of the pyriform sinus and exiting through the thyrohyoid membrane. These criteria were especially important for distinguishing between third and fourth branchial arch anomalies because both can present with suppurative thyroiditis or recurrent deep neck infection and both have a left-sided predominance. However, third and fourth arch anomalies are distinguished by anatomically different tracts. In the present review, we encountered eight reports, collectively describing 28 cases, where the distinction between third and fourth arch origin was equivocal. For example, in one report, cases were described as "remnant[s] of either the third or fourth branchial pouch."⁵ For the purposes of this review, we decided to exclude these eight reports and their 28 equivocal cases from our analysis.

A flowsheet summarizing our selection of publications and of cases is shown in Figure 1. Among the 604 cases presented in the selected publications, 402 were excluded from analysis, mostly because they represented anomalies of first, second, or fourth branch origin. Thus, we were left with 202 cases meeting our inclusion criteria.

Two investigators (K.N. and R.G.) independently reviewed all cases and extracted the following information from each article: sex, side of presentation, age of onset, age of patient at diagnosis, mode of presentation, diagnostic investigations, histological findings, treatment, complications, and recurrence rate. With regard to mode of presentation, we did not score acute suppurative thyroiditis unless there was radiographic confirmation. With regard to recurrence rate, we did not require a specific minimum period of follow-up because the reports varied in detail of presentation, and we did not want to limit our information only to the subset of reports with explicit follow-up criteria. Discordant findings between the two reviewers were discussed and reexamined in order to reach agreement.

Data Analysis

Data were scored as numeric or categorical variables. We first calculated summary statistics and then performed several post hoc two-way comparisons of subgroups of cases. We compared these subgroups using the Wilcoxon rank sum test to compare continuous variables and Fisher's exact test to compare proportions, with alpha set at 0.05, two-

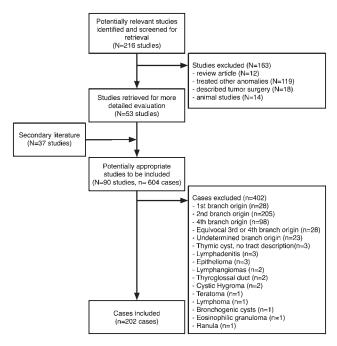


Figure 1 Flow diagram of publication and case selection.

tailed. Most of these statistical tests involved comparisons of individuals presenting with acute suppurative thyroiditis versus individuals with other presentations (Table 2). Although we quote crude odds ratios and 95% confidence intervals in Table 2, it should be noted that we repeated all of the comparisons in Table 2 using Mantel-Haenszel tests with stratification for study site. These latter tests were very limited in power, however, because many of the reports involved only one or two patients, and thus only a small number of the strata formed in these analyses actually contributed information about the effect of a given explanatory variable. Nevertheless, these analyses produced results generally congruent with the crude odds ratios, as detailed in the footnote to Table 2.

Results

Age and Clinical Presentation

The 82 selected publications, $^{2,3,6-85}$ presenting 202 cases of third branchial arch anomalies, are summarized in Table 1. Most third branchial arch anomalies were diagnosed in childhood (Table 3). The great majority of cases occurred on the left side (89%) and presented either as neck abscess or acute suppurative thyroiditis (Table 3). Patients presenting with acute suppurative thyroiditis were older at the time of diagnosis than other cases (Table 2). Of the 202 identified cases, 24 occurred in neonates, and 10 (42%) of these presented with respiratory distress. Of the 16 cases aged one to three years, six (38%) presented with acute suppurative thyroiditis and five (31%) with neck abscess. Among 43 cases aged four to eight years, 13 (30%) presented with acute suppurative thyroiditis and 22 (51%) with neck abscess. Of the 119 cases older than eight years of age, 50

Clinical presentation	AST	Others	Odds ratio [95% CI]	P value*
Total cases, n (%)	69 (34)	133 (66)		
Male, n (%)	23 (33)	76 (57)	0.4 [0.2, 0.7]	0.002
Age at diagnosis (yrs), median yrs (range)	12 (0-44)	9 (0-67)	ť	0.08
Diagnostic methods, n (%)	. ,	. ,		
Barium swallow	60 (87)	72 (54)	5.6 [2.5, 13.9]	<0.001
Laryngoscopy	31 (45)	59 (44)	1 [0.5, 1.9]	1.0
CT scan	17 (25)	64 (48)	0.4 [0.2, 0.7]	0.001
Ultrasound	24 (35)	30 (23)	1.8 [0.9, 3.6]	0.07
Thyroid scan	23 (33)	15 (11)	3.9 [1.8, 8.8]	<0.001
Fine needle aspiration	15 (22)	13 (10)	2.6 [1.1, 6.3]	0.03
MRI	8 (12)	17 (13)	0.9 [0.3, 2.3]	1.0
Radiographs	1 (1)	19 (14)	0.1 [0.0, 0.6]	0.002
Treatment, n (%)				
Incision and drainage	18 (26)	50 (38)	0.6 [0.3, 1.2]	0.1
Number of attempts, median (range)	2 (1-5)	2 (1-28)	+	0.7
Failure after initial attempt	15 (83)	49 (98)	0.1 [0.0, 1.4]	0.05
Open-neck surgery initial procedure	30 (43)	70 (53)	0.7 [0.4, 1.3]	0.2
Open-neck surgery procedure after failure	9 (13)	49 (37)	0.3 [0.1, 0.6]	<0.001
Number of procedures, median (range)	1 (1-5)	1 (1-8)	†	0.3
Failure after open-neck surgery	4 (10)	20 (17)	0.1 [0.1, 1.9]	0.4
Partial thyroid surgery	9 (13)	13 (10)	1.4 [0.5, 3.7]	0.5
Failure after initial procedure	0	3 (2)	‡	0.2
Endoscopic cauterization initial attempt	19 (28)	9 (7)	5.2 [2.1, 14.0]	<0.001
Endoscopic cauterization after failure	4 (6)	1 (1)	8.1 [0.98, 403]	0.05
Number of attempts, median (range)	1	1 (1-2)	+	0.007
Failure after endoscopic cauterization	2 (9)	4 (40)	0.1 [0.0, 1.0]	0.05
Complications after open-neck surgery¶	0	10 (8)	‡	0.12

Features of patients presenting with acute suppurative thyroiditis versus patients with other presentations

AST, acute suppurative thyroiditis; MRI, magnetic resonance imaging.

*By Fisher's exact test for differences between proportions and the Wilcoxon rank sum for differences between continuous variables. Note that the significance of these differences was also calculated using Mantel-Haenszel tests with stratification for study site. The findings from the Mantel-Haenszel tests were generally congruent with the findings computed without stratification. However, given that many of the reports involved only one or two patients, only a small number of the strata formed in these latter analyses actually contributed information about the effect of a given explanatory variable. Thus, the Mantel-Haenszel tests were of very limited power.

†Odds ratio does not apply because the difference is between median values.

‡Odds ratio cannot be calculated because of a zero value.

¶See text for definition of complications.

(42%) presented with acute suppurative thyroiditis and 56 (47%) with neck abscess.

Pathology Findings

Table 2

Histopathological examination was reported in 72 of the 202 identified cases (36%); of these, 42 (58%) demonstrated a stratified squamous epithelium and 25 (35%) a respiratory ciliated epithelium. Thymic, thyroid, and parathyroid tissues were reported in 40 percent, 19 percent, and 10 percent of these cases, respectively. A cystic lesion was described in 54 percent of cases.

Diagnostic Investigations

Investigations used and positive predictive values (ppv) were as follows: barium swallow in 65 percent of cases (ppv 81%), direct laryngoscopy in 45 percent (ppv 82%), magnetic resonance imaging (MRI) in 12 percent (ppv 84%), computed tomography in 40 percent (ppv 49%), ultrasound

in 27 percent (ppv 7%), and thyroid scan in 19 percent (ppv 3%). Sixty-five cases (32%) were diagnosed during the surgical procedure. Radiographs and fine needle aspiration did not contribute to the diagnosis in any of the reported cases. The choice of investigations varied depending on whether the patient presented with acute suppurative thyroiditis or another clinical picture (Table 2).

Treatment and Outcome

Initial treatments performed in reported cases were as follows: incision with drainage in 68 (34%) of the cases, open-neck surgical procedures in 100 (50%), endoscopic procedures in 28 (14%), antibiotic treatment alone in five (2%), and no treatment in one case. Considering all treatments administered, as opposed to just the initial treatments, we found that two (8%) of the 24 neonates received incision and drainage, and all 24 (100%) ultimately received openneck surgery (with partial thyroidectomy in 3 cases [13%]).

Table 3 Features of 202 cases of branchial arch anomalies

	00 (40)
Male, n (%)	99 (49)
Age at onset (yrs), median (range)	5 yrs (0-60)
Age at diagnosis (yrs), median (range)	10 yrs (0-67)
Site of presentation, n (%)	
Left	180 (89)
Right	22 (11)
Initial presentation, n (%)	
Neck abscess (NA)	79 (39)
Acute suppurative thyroiditis (AST)	66 (33)
Neck mass (NM)	28 (14)
Cutaneous discharging fistula with NA or AST	11 (5)
Cutaneous discharging fistula	8 (4)
Respiratory distress with NA, AST, or NM	6 (3)
Respiratory distress	4 (2)

NA, neck abscess; AST, acute suppurative thyroiditis; NM, neck mass.

Of the 16 patients younger than three years of age, four (25%) received incision and drainage, 13 (81%) open-neck surgery (with partial thyroidectomy in 1 case [6%]), one (6%) endoscopic cauterization, and one (6%) received antibiotic treatment alone. Of the 43 children between four to eight years of age, 18 (42%) received incision and drainage, 41 (95%) open-neck surgery (with partial thyroidectomy in 5 cases [12%]), and two (5%) received antibiotic treatment alone. Finally, among the 119 cases older than 8 years of age, 44 (37%) received incision and drainage, 80 (67%) open-neck surgery (with partial thyroidectomy in 13 cases [11%]), 32 (27%) endoscopic cauterization, and four (3%) antibiotic treatment alone; one (1%) received no treatment.

Returning to the overall sample, and looking at the 68 individuals who initially received incision with drainage, we found that the failure rate after the first attempt was 64 (94%). Repeated attempts at incision and drainage were performed in 37 (58%) of the initially failed cases. Only four cases (6%) were successfully treated by incision and drainage alone; almost all cases ultimately needed another treatment (open-neck surgery with or without partial thyroidectomy or endoscopic tract cauterization). Among patients initially treated with incision and drainage, the median number of incision and drainage attempts was two (range 1-28). A total of 158 patients received an open-neck surgical procedure, either initially (n = 100) or following the failures of other treatment options (n = 58). Of these 158 cases, 24 exhibited recurrence; there was no significant difference in the rates of recurrence among the 22 patients who underwent surgery that included a partial thyroidectomy (3 [14%] relapsed) and the 136 patients who did not receive a partial thyroidectomy (21 [15%] relapsed; odds ratio [OR] [95% confidence interval], 0.9 [0.2, 3.3]; P =1.0). Comparing patients presenting with acute suppurative thyroiditis with those displaying other presentations, we found that the former group demonstrated somewhat fewer recurrences after endoscopic cauterization (2 [9%] of 23 cases vs 4 [40%] of 10 cases; OR, 0.1 [0.0, 1.4]; P = 0.053). Among the 100 patients initially treated with open-neck surgery, 95 (95%) required only one procedure, four (4%) required two procedures, and one (1%) required five procedures. Ten (6%) of the 158 patients who underwent openneck surgery developed complications (summarized in Table 4). Children eight years of age or younger demonstrated a somewhat higher complication rate after open-neck surgery than older patients (8 [10%] of 78 cases vs 2 [3%] of 80 cases; OR, 4.5 [0.8, 44.0]; P = 0.055). Among the 33 patients who received endoscopic procedures (as either an

Table 4

Reported complications of open-neck surgery for third branchial arch anomalies

	Case			Age at onset/ diagnosis		Open-neck surgeries	Partial thyroid	
Study	(n)	Sex	Side	(yrs)	Presentation	(n)	surgery	Complication
Lee ⁴⁰ (1991)	1	М	L	13/22	CDF	2	No	Vocal cord paralysis
Ostfeld ⁵⁸ (1991)	1	М	L	21/22	NA	1	No	IX/X/XII Cranial nerve paralysis
Singh ⁷⁴ (1979)	1	F	L	4/4.5	NM	1	No	Facial nerve paralysis
Vade ⁷⁹ (1994)	1	F	L	Birth	NM	1	No	Wound infection
Lin ⁴³ (1991)	8	Μ	L	NR/6	CDF	1	No	Salivary fistula
Lin ⁴³ (1991)	9	F	L	NR/7	CDF	2	No	Salivary fistula
Lin ⁴³ (1991)	10	F	L	NR/8	CDF	1	No	Salivary fistula
Ford ³ (1992)	2	F	R	Birth	RD	1	No	Vocal cord paralysis and Horner syndrome
Franciosi ²² (2002)	1	Μ	L	Birth	NM	2	No	Vocal cord paralysis
					RD			
Lowry ⁴⁵ (2002)	1	F	L	Birth	RD	1	No	Vocal cord paresis

NR, not reported; CDF, cutaneous discharging fistula; RD, respiratory distress; NM, neck mass; NA, neck abscess.

initial or subsequent treatment), a majority were female (73%). Six relapsed after the initial procedure (failure rate 18%), and three of these received a second endoscopic procedure. No complications were reported following this treatment option. Among the patients treated conservatively, five received only antibiotics and one received no treatment. No recurrences were reported in these six patients.

Discussion

Anatomically, third branchial arch anomalies represent vestiges of a tract that originates from the base of the pyriform sinus (Fig 2). It crosses the thyrohyoid membrane, then travels upward to loop around the hypoglossal nerve below the glossopharyngeal nerve before running downward posterior to the common or internal carotid artery and anterior to the vagus nerve. The external opening, if present, is typically found along the anterior border of the junction of the middle and lower third of the sternocleidomastoid muscle.⁸⁶ There is no difference between the left and right side, which contrasts with the anatomy of sinus tract remnants from the fourth branchial arch. However, third and fourth branchial arch anomalies have similar clinical presentations, and some authors have even suggested grouping them as the same entity. Nevertheless, these two types of anomalies are anatomically distinct: third branchial arch anomalies are proposed to originate from the base (cranial end) of the pyriform sinus and pass above the superior laryngeal nerve, whereas the tract of fourth branchial arch anomalies originates from the apex (caudal end) of the pyriform sinus and passes through the cricothyroid membrane beneath the superior laryngeal nerve.²²



Figure 2 Theoretical pathway of a third branchial arch fistula.

The thymus and the inferior parathyroid glands develop from the third branchial pouch. A spectrum of anomalies is attributed to the embryologic descent of the thymic primordium into the mediastinum and the caudal migration of cells from the inferior parathyroid glands. For example, thymic cysts result from persistent remnants of the thymopharyngeal duct. The majority of these anomalies are found on the left side of the neck. Cervical thymic cysts should not be removed in toto before the age of five years, to avoid serious repercussions on the immune system.⁸⁷ Parathyroid cysts can be found anywhere around the thyroid gland, but they are most commonly located inferior to the gland. Although parathyroid cysts are usually not associated with biochemical anomalies, there have been reports of hyperparathyroidism secondary to functioning cysts.⁸⁸ In our review, no hormone imbalances were described in the two cases with parathyroid cysts.¹²

Our review yielded 202 reported cases of third branchial arch anomalies that met our criteria. This number is much larger than previously reported.^{2,3} However, we identified fewer cases than in our review of fourth branchial arch anomalies.⁴ We believe that this smaller number of cases is unlikely to be due to a failure to identify relevant articles, since we used the same comprehensive search methodology used in our previous review of fourth branch anomalies and screened every reference cited in every identified publication to locate additional articles. Our smaller number of cases might be partially explained by our selection criteria, since we rejected a number of articles (reporting on a total of 402 cases), some of which may have included third arch cases but where the third arch origin was not clearly established or documented. The smaller number of cases might also be attributable to a lower incidence of infection in third arch anomalies: due to the ascending trajectory of the tract compared to the descending trajectory of fourth branchial arch, third arch anomalies are much more likely to remain clinically silent. Also, it is likely that for all types of branchial arch anomalies, only a minority of cases are published in the literature. The true prevalence of third arch anomalies is therefore likely to be much higher than the number of cases we have identified in this review.

We found a strong left-sided predominance of third arch anomalies (89% vs 11% on the right side); this phenomenon may be related to the trajectory of the neighboring fourth branchial arch, which also yields predominantly left-sided anomalies.⁴ We found that direct laryngoscopy and barium swallow were the primary methods of diagnosis of third branchial arch anomalies, with MRI used primarily in the presence of cystic anomalies.

A range of treatment options were reported in the cases reviewed. Incision with drainage was frequently performed, but the initial treatment failed in a majority of cases. In neck abscesses without thyroid involvement, open-neck surgery with excision of the fistula tract was performed most commonly. Partial thyroidectomy was performed in most cases of acute suppurative thyroiditis. The failure rate with or without partial thyroidectomy was similar in these cases. Our data suggest that open-neck surgery may yield a somewhat higher rate of complications in children aged eight years or younger (Table 4). The accidental removal of important immune organs, with potentially serious longterm consequences, must also be considered with this treatment option in patients younger than five years of age. Endoscopic cauterization of the sinus tract represents a minimally invasive therapeutic alternative to open-neck surgery. This technique has become increasingly popular, and indeed might now deserve consideration as initial therapy for third arch anomalies.^{37,38,62} Endoscopic cauterization of the opening tract has been reported since the late 1990s. With the patient under general anesthesia, the opening tract is exposed by suspension laryngoscopy, and the internal opening is cauterized in a circumferential fashion with a trichloroacetic acid solution at two different concentrations (20%-40%).^{37,62} Cauterization is performed at the same time as the drainage of the neck abscess, and oral feeding is started on the second postoperative day. The failure rate with this technique was comparable to that with traditional open-neck surgery (18% vs 15%), indicating that it might sometimes need to be repeated, especially in cases presenting with neck abscess. However, reports of cases with third branchial arch anomalies treated with this technique are few, so these impressions must be considered preliminary.

Based on the findings of the present review of published cases, we suggest the following treatment algorithm for patients presenting with neck abscess or acute suppurative thyroiditis attributable to third branchial arch anomalies (Fig 3). In patients up to about the age of eight years, it seems preferable to favor medical treatment and delay surgical neck exploration. After the age of eight years, a complete excision of the entire fistula tract during a quiescent period appears to be the treatment of choice. We found no advantage to the inclusion of a partial thyroidectomy in cases of third branchial arch anomalies. A conservative approach without surgery is possible in selected cases, but the low recurrence rate among the conservative cases found in the present literature review may be partially attributable to publication bias. Therefore, in cases of recurrence after conservative treatment, a surgical approach would probably be indicated.

In conclusion, it should be recognized that our review is limited by the fact that it is based on a large and heterogeneous collection of reports, many of them describing only one or two cases, and varying in their methodology and details of presentation. Thus, this literature does not permit sophisticated statistical analysis of the type normally performed in a meta-analysis of studies with larger samples and more quantitative information. Nevertheless, our review suggests several general conclusions. Specifically, it appears that third branchial anomalies have a varied clinical presentation and are more frequent than previously reported. During the last decade, several advances in the recognition and management of this anomaly have been

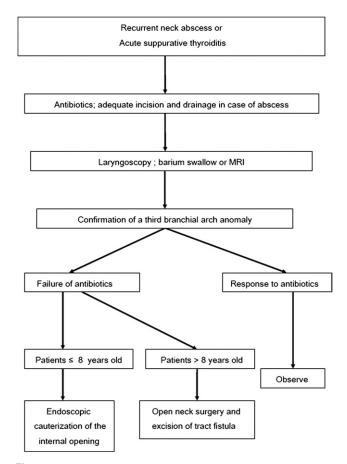


Figure 3 Suggested algorithm for the management of congenital third branchial anomalies.

made. Incision and drainage yields a high recurrence rate. Complete excision of the entire fistula tract during a quiescent period remains the treatment of choice for the management of third branchial anomalies. Complications of this surgical approach appear to be somewhat more frequently reported in children aged eight years and younger; thus, even though the number of reported cases treated with endoscopic cauterization is limited, our review tentatively suggests that it may be preferable to use endoscopic cauterization treatment in this younger-age group.

Acknowledgments

The authors wish to thank Dr James Hudson for advice regarding the statistical aspects of the data analysis, and Dr Robert J. Galla, medical illustrator at Massachusetts Eye and Ear Infirmary.

Author Information

From the Department of Otolaryngology, Head and Neck Surgery (Drs Nicoucar, Giger, and Dulguerov), and the Pediatric Intensive Care Unit (Dr Jaecklin), University Hospital, Geneva, Switzerland; and McLean Hospital, Harvard Medical School (Dr Pope), Belmont, MA.

Corresponding author: Keyvan Nicoucar, MD, Department of Otology and Laryngology, Massachusetts Eye and Ear Infirmary, 243 Charles Street, Room 421, Boston, MA 02114.

27

E-mail address: Keyvan_Nicoucar@meei.harvard.edu.

Presented at the 2006 AAO–HNSF Annual Meeting & OTO EXPO, Toronto, Ontario, Canada, September 17-20, 2006.

Author Contributions

Keyvan Nicoucar, writer, data collection; Roland Giger, data collection; Thomas Jaecklin, figures, tables, and manuscript revision; Harrison G. Pope, Jr, study design, statistics, and manuscript revision; Pavel Dulguerov, study design, manuscript revision.

Disclosures

Competing interests: None.

Sponsorships: None.

References

- Kenealy JF, Torsiglieri AJ, Tom LW. Branchial cleft anomalies: a five year retrospective review. Trans Pa Acad Ophtalmol Otolaryngol 1990;42:1022–5.
- Choi SS, Zalzal GH. Branchial anomalies: a review of 52 cases. Laryngoscope 1995;105:909–13.
- Ford GR, Balakrishnan A, Evan JNG, et al. Branchial cleft and pouch anomalies. J Laryngol Otol 1992;106:137–43.
- Nicoucar K, Giger R, Pope H, et al. Management of congenital fourth branchial arch anomalies: a review and analysis of published cases. J Pediatr Surg 2009;44:1432–9.
- Ahuja AT, Griffiths JF, Roebuck DJ, et al. The role of ultrasound and oesophagopraphy in the management of acute suppurative thyroiditis in children associated with congenital pyriform fossa sinus. Clin Radiol 1998;53:209–11.
- Abe K, Fujita H, Matsuura N, et al. A fistula from pyriform sinus in recurrent acute suppurative thyroiditis. Am J Dis Child 1981;135:178.
- Al-Akeely MH, Al-Suhaibani YA, Khalid K. Noncommunicating third branchial cyst. Saudi Med J 2005;26:1301–2.
- Ballesteros A, Martín G, Lassaletta L, et al. Acute suppurative thyroiditis secondary to fistula of the pyriform sinus [Spanish]. Acta Otorrinolaringol Esp 1998;49:663–6.
- Batuecas Caletrío A, Blanco Pérez P, Cruz Ruiz SS, et al. Persistence of the third branchial arch [Spanish] Acta Otorrinolaringol Esp 2006; 57:193–5.
- Boyd J, Templer J, Havey A, et al. Persistent thymopharyngeal duct cyst. Otolaryngol Head Neck Surg 1993;109:135–9.
- 11. Boysen ME, de Besche A, Djupesland G, et al. Internal cysts and fistulae of branchial origin. J Laryngol Otol 1979;93:533–9.
- Braccini F, Epron JP, Roux C, et al. Non-functioning parathyroid cyst: a misleading affection. Rev Laryngol Oto Rhinol 2000;121:165–8.
- Burton EM, Mercado-Deane MG, Howell CG, et al. Cervical thymic cysts: CT appearance of two cases including a persistent thymopharyngeal duct cyst. Pediatr Radiol 1995;25:363–5.
- Chang P, Tsai WY, Lee PI, et al. Clinical characteristics and management of acute suppurative thyroiditis in children. J Formos Med Assoc 2002;101:468–71.
- 15. Chi H, Lee YJ, Chiu NC, et al. Acute suppurative thyroiditis in children. Pediatr Infect Dis J 2002;21:384-7.
- Chin AC, Radhakrishnan J, Slatton D, et al. Congenital of the third and fourth pharyngeal pouches or pyriform sinus cysts. J Pediatr Surg 2000;35:1252–5.
- Cigliano B, Cipolletta L, Baltogiannis N, et al. Endoscopic fibrin sealing of congenital pyriform sinus fistula. Surg Endosc 2004;18: 554–6.
- Doi O, Hutson JM, Myers NA, et al. Branchial remnants: a review of 58 cases. J Pediatr Surg 1988;23:789–92.

- Dutt SN, John H, Nayar RC, et al. Surgical management of a case of third branchial pouch fistula. J Laryngol Otol 1994;108:1095–6.
- Edmonds JL, Girod DA, Woodroof JM, et al. Third branchial anomalies: avoiding recurrences. Arch Otolaryngol Head Neck Surg 1997; 123:438–41.
- Elahi MM, Dube P, Manoukian JJ, et al. Partial thyroidectomy and selective neck dissection in the management of pyriform sinus fistulae. J Otolaryngol 1997;26:57–63.
- 22. Franciosi JP, Sell LL, Conley SF, et al. Pyriform sinus malformations: a cadaveric representation. J Pediatr Surg 2002;37:533–8.
- Gan YU, Lam SL. Imaging findings in acute neck infection due to pyriform sinus fistula. Ann Acad Med Singapore 2004;33:636–40.
- Gibbs CM, Nichols FC, Kasperbauer JL, et al. Meal-induced dysphagia and otalgia secondary to a pyriform sinus fistula. Dig Dis Sci 2004;49:1560–2.
- Goudreau E, Comtois R, Bayardell P, et al. Capnocytophaga ochracea and group F beta-hemolytic streptococcus suppurative thyroiditis. J Otolaryngol 1986;15:59–61.
- Guerrero Fernández J, Guiote Domínguez MV, Guerrero Vázquez J, et al. Pyriform sinus fistula: an unusual cause of recurrent suppurative thyroiditis [Spanish]. An Esp Pediatr 2002;56:371–3.
- 27. Hamoir M, Rombaux P, Cornu AS, et al. Laterocervical branchial congenital anomalies [French]. Louvain Medical 1998;117:410–24.
- Harding JL, Veivers D, Sidhu SB, et al. Simultaneous branchial cleft and thyroid disorders may present a management challenge. ANZ J Surg 2005;75:799–802.
- 29. Herman TE, McAlister WH, Siegel MJ. Branchial fistula: CT manifestations. Pediatr Radiol 1992;22:152–3.
- Hewel K, Kioumehr F, So G, et al. Infected third branchial cleft cyst: retropharyngeal extension to the superior mediastinum. Can Assoc Radiol J 1996;47:111–3.
- Hsin MK, Barker GJ, Spitz L. Recurrent left cervical abscess secondary to persistent pyriform sinus fistula. J R Coll Surg Edinb 1998;43: 125–6.
- Hsu CF, Wang CC, Tsai MC, et al. Recurrent acute suppurative thyroiditis in a child: case report. J Microbiol Immunol Infect 1998; 31:193–6.
- Huang RY, Damrose EJ, Alavi S, et al. Third branchial cleft anomaly presenting as a retropharyngeal abscess. Int J Pediatr Otorhinolaryngol 2000;54:167–72.
- Johnsen NJ, Bretlau P. Cervical thymic cysts. Acta Otolaryngol 1976; 82:143–6.
- Kaufman MR, Smith S, Rothshild MA, et al. Thymopharyngeal duct cyst: an unusual variant of cervical thymic anomalies. Arch Otolaryngol Head Neck Surg 2001;127:1357–60.
- Kartheuser A, Claus D, Gosseye S, et al. Fistulas of the 3rd and 4th branchial clefts [French]. Chir Pediatr 1986;27:50–2.
- Kim KH, Sung MW, Roh JL, et al. Sclerotherapy for congenital lesions in the head and neck. Otolaryngol Head Neck Surg 2004;131: 307–16.
- Kim KH, Sung MW, Koh TY, et al. Pyriform sinus fistula: management with chemocauterization of the internal opening. Ann Otol Rhinol Laryngol 2000;109:452–6.
- Kubota M, Suita S, Kamimura T, et al. Surgical strategy for the treatment of pyriform sinus fistula. J Pediatr Surg 1997;32:34–7.
- Lee ST, Krishnan MM. Branchial fistula–a review. Singapore Med J 1991;32:50–2.
- Lee FP. Occult congenital pyriform sinus fistula causing recurrent left lower neck abscess. Head Neck 1999;21:671–6.
- 42. Lin CJ, Lin YS, Kang BH, et al. Silent internal sinus of the pyriform fossa: a rare adult manifestation of a branchial anomaly. Arch Otolaryngol Head Neck Surg 2003;129:356–8.
- Lin JN, Wang KL. Persistent third branchial apparatus. J Pediatr Surg 1991;26:663–5.
- Liberman M, Kay S, Emil S, et al. Ten years of experience with third and fourth branchial remnants. J Pediatr Surg 2002;37:685–90.

- 45. Lowry TR, O'Hare TJ. Hemorrhagic thymopharyngeal duct cyst causing airway obstruction in an infant. Otolaryngol Head Neck Surg 2002;127:467–9.
- Lyall D. Congenital cyst of third branchial cleft. AMA Arch Otolaryngol 1956;64:540–2.
- Lucaya J, Berdon WE, Enriquez G, et al. Congenital pyriform sinus fistula: a cause of acute left-sided suppurative thyroiditis and neck abscess in children. Pediatr Radiol 1990;21:27–9.
- Mahomed A, Youngson G. Congenital lateral cervical cysts of infancy. J Pediatr Surg 1998;33:1413–5.
- Makino S, Tsuchida Y, Yoshioka H, et al. The endoscopic and surgical management of pyriform sinus fistulae in infants and children. J Pediatr Surg 1986;21:398–401.
- Martín Del Rey R, Orti Martín A, Gregori Roig P, et al. Pyriform sinus fistulae [Spanish]. An Esp Pediatr 2002;56:185–8.
- Mizuno R, Yamazaki Y, Yoshida T, et al. Pyriform sinus fistula appearing as a neck tumor in the neonatal period: a case report. Pediatr Surg Int 1998;14:82–3.
- Moreno Hurtado C, Blesa Sánchez E, Cabrera García R, et al. Third and fourth cervical pouches remnants and branchial clefts [Spanish]. Cir Pediatr 1996;9:154–7.
- Morrish TN, Manning SC. Branchial anomaly in a newborn presenting as stridor. Int J Pediatr Otorhinolaryngol 1991;21:259–62.
- Mortelmans A, Hermans R. Thymopharyngeal duct cyst. JBR-BTR 2005;88:99.
- Mouri N, Muraji T, Nishijima E, et al. Reappraisal of lateral cervical cysts in neonates: pyriform sinus cysts as an anatomy-based nomenclature. J Pediatr Surg 1998;33:1141–4.
- Nonomura N, Ikarashi F, Fujisaki T, et al. Surgical approach to pyriform sinus fistula. Am J Otolaryngol 1993;14:111–5.
- Nusbaum AO, Som PM, Rothschild MA, et al. Recurrence of a deep neck infection: a clinical indication of an underlying congenital lesion. Arch Otolaryngol Head Neck Surg 1999;125:1379–82.
- Ostfeld EJ, Wiesel JM, Rabinson S, et al. Parapharyngeal (retrostyloid)-third branchial cleft cyst. J Laryngol Otol 1991;105:790-2.
- 59. Orti A, Martin R, Gregori P, et al. Pyriform sinus fistulae: diagnosis and management. Clin Pediatr (Phila) 2003;42:463-6.
- 60. Ozaki O, Sugimoto T, Suzuki A, et al. Cervical thymic cyst as a cause of acute suppurative thyroiditis. Jpn J Surg 1990;20:593–6.
- Pantaleoni M, Velardo A, Smerieri A, et al. Acute suppurative thyroiditis in a patient with prior subacute thyroiditis [Italian]. Minerva Endocrinol 1992;17:133–6.
- 62. Park SW, Han MH, Sung MH, et al. Neck infection associated with pyriform sinus fistula: imaging findings. AJNR Am J Neuroradiol 2000;21:817–22.
- Park BW, Park CS. Pyriform sinus fistula. Yonsei Med J 1993;34: 386–90.
- Patra R, Chattopadhyay A, Vijaykumar, et al. Pyriform sinus fistula. Indian J Pediatr 2002;69:903–4.
- Pereira KD, Losh GG, Oliver D, et al. Management of anomalies of the third and fourth branchial pouches. Int J Pediatr Otorhinolaryngol 2004;68:43–50.
- Perez-Candela V, Wiehoff A, Avilla R. Diseases of the branquial apparatus [Spanish] Radiologica 2000;42:41–9.

- 67. Rea PA, Hartley BE, Bailey CM. Third and fourth branchial pouch anomalies. J Laryngol Otol 2004;118:19–24.
- Regas Bech de Careda JS, Pérez Martinez A, Boix-Ochoa J, et al. Piriform sinus fistula, a new disease [Spanish]. An Esp Pediatr 1992; 36:467–9.
- Reiter D. Third branchial cleft sinus: an unusual cause of neck abscess. Int J Pediatr Otorhinolaryngol 1982;4:181–6.
- Robichaud J, Papsin BC, Forte V. Third branchial cleft anomaly detected in utero. J Otolaryngol 2000;29:185–7.
- Sanusi ID, Carrington PR, Adams DN. Cervical thymic cyst. Arch Dermatol 1982;118:122–4.
- Schloss MD, Taibah K, Nogrady MB. Third branchial cleft sinus: route of infection in deep neck abscesses. J Otolaryngol 1986;15: 56–8.
- Skuza K, Rapaport R, Fieldman R, et al. Recurrent acute suppurative thyroiditis. J Otolaryngol 1991;20:126–9.
- Singh RP, Zamora I, Pia F, et al. Congenital thymic cyst in the neck. Int Surg 1979;64:37,41.
- Stone ME, Link DT, Egelhoff JC, et al. A new role for computed tomography in the diagnosis and treatment of pyriform sinus fistula. Am J Otolaryngol 2000;21:323–5.
- Taylor WE, Jr, Myer CM, 3rd, Hays LL, et al. Acute suppurative thyroiditis in children. Laryngoscope 1982;92:1269–73.
- Tyler D, Effmann E, Shorter N. Pyriform sinus cyst and fistula in the newborn: the value of endoscopic cannulation. J Pediatr Surg 1992; 27:1500–1.
- Ueda J, Kobayashi Y, Hara K, et al. Routes of infection of acute suppurative thyroiditis diagnosed by barium examination. Acta Radiol Diagn (Stockh) 1986;27:209–11.
- Vade A, Griffiths A, Hotaling A, et al. Thymopharyngeal duct cyst: MR imaging of a third branchial arch anomaly in a neonate. J Magn Reson Imaging 1994;4:614–6.
- Vermeire V, Moreau P. A case of 3d pharyngeal pouch sinus [French]. Acta Otorhinolaryngol Belg 1993;47:55–8.
- Wagner CW, Vinocur CD, Weintraub WH, et al. Respiratory complications in cervical thymic cysts. J Pediatr Surg 1988;23:657–60.
- Wang HK, Tiu CM, Chou YH, et al. Imaging studies of pyriform sinus fistula. Pediatr Radiol 2003;33:328–33.
- Yanai T, Yamataka A, Kobayashi H, et al. Suspicion of prenatal pyriform sinus cyst and fistula: a case report. Pediatr Surg Int 2004; 20:58–60.
- Yamashita J, Ogawa M, Yamashita S, et al. Acute suppurative thyroiditis in an asymptomatic woman: an atypical presentation simulating thyroid carcinoma. Clin Endocrinol (Oxf) 1994;40:145–9.
- Zarbo RJ, McClatchey KD, Areen RG, et al. Thymopharyngeal duct cyst: a form of cervical thymus. Ann Otol Rhinol Laryngol 1983;92: 284–9.
- Proctor B, Proctor C. Congenital lesions of the head and neck. Otolaryngol Clin North Am 1970;3:221–48.
- Romanet PH, Morizot B, Bouilly G, et al. Thymic cyst [French]. J Fr Otorhinolaryngol 1991;40:51–3.
- Clark OH. Hyperparathyroidism due to primary cystic parathyroid hyperplasia. Arch Surg 1978;113:748–50.

Articles included i	n the	review and re	levant descrip	otive details			
			Sample	a . 1			
Author	Year	Geographic origin	size,* n = 202/576	Study design	Diagnostic methods	Final therapy used	Previous treatment
Abe et al ⁶	1981	Japan	3/3	Case report	BS	Surgery	_
Al-Akeely et al ⁷		Saudi Arabia	1/1	Case report		Surgery	_
Ballesteros et al ⁸	1998	Spain	1/1	Case report	BS	Surgery	_
Batuecas Caletrio et al ⁹	2006	Spain	1/1	Case report	MRI	Surgery	-
Boyd et al ¹⁰	1993	USA	1/1	Case report	CT Surgery	Surgery	_
Boysen et al ¹¹	1979	Norway	2/4	Case series	BS, laryngoscopy, surgery	Surgery	-
Braccini et al ¹²	2000	France	2/2	Case report	Surgery	Surgery	_
Burton et al ¹³	1995	USA	2/2	Case report	CT	Surgery	—
Chang et al ¹⁴		Taiwan	8/11	Case series		Surgery	_
Chi et al ¹⁵	2002	Taiwan	5/15	Case series	BS	I&D (3), antibiotics (2)	Antibiotics
Chin et al ¹⁶		USA	2/2		CT, surgery	Surgery	—
Choi et al ²	1995	USA	4/52	Chart review	СТ	Surgery	I&D
Cigliano et al ¹⁷	2004	Italy	1/1	Case report	BS, laryngoscopy	EC	_
Doi et al ¹⁸	1988	Australia	1/58	Chart review	NR	Surgery	NR
Dutt et al ¹⁹	1994	India	1/1	Case report	Laryngoscopy	Surgery	I&D
Edmonds et al ²⁰	1997	USA	3/3		Laryngoscopy, CT	Surgery	I&D
Elahi et al ²¹		Canada	3/4	Case report	BS, laryngoscopy	Surgery	I&D
Ford et al ³	1992	UK	2/106	Chart review	BS, surgery	Surgery	I&D
Franciosi et al ²²	2002	USA	2/3	Case report	BS, laryngoscopy, surgery	Surgery	I&D
Gan et al ²³	2004	Singapore	5/5	Case series	BS, CT, ÚS	Surgery	_
Gibbs et al ²⁴		USĂ	1/1	Case report	СТ	Surgery	_
Goudreau et al ²⁵		Canada	1/1		BS, laryngoscopy	Surgery	I&D
Guerrero Fernandez et al ²⁶	2002	Spain	1/1	Case report	BS	Surgery	I&D
Hamoir et al ²⁷	1998	Belgium	1/43	Chart review	BS, laryngoscopy	EC	I&D, surgery
Harding et al ²⁸	2005	Australia	2/6	Case series	Surgery	Surgery	I&D
Hermann et al ²⁹		USA	1/1	Case report		Surgery	_
Hewel et al ³⁰		USA	1/1	Case report		Surgery	I&D
Hsin et al ³¹	1998		1/1	Case report		Surgery	I&D
Hsu et al ³²	1998	Taiwan	1/1	Case report	BS	Surgery	I&D
Huang et al ³³	2000	USA	1/1	Case report	Laryngoscopy, surgery	Surgery	I&D
Johnsen et al ³⁴		Denmark	1/1	Case report	Surgery	Surgery	—
Kaufmann et al ³⁵		USA	2/2	Case series		Surgery	_
Kartheuser et al ³⁶			1/1	Case report		Surgery	I&D
Kim et al ³⁷	2004	Korea	14/30	Chart review	BS, CT, laryngoscopy	EC	I&D
Kim et al ³⁸		Korea	2/18		Laryngoscopy	EC	—
Kubota et al ³⁹		Japan	1/4		Laryngoscopy	Surgery	I&D
Lee et al ⁴⁰		Taiwan	7/7		BS, laryngoscopy	Surgery	I&D
Lee et al ⁴¹		Malaysia	1/3		BS, laryngoscopy	Surgery	I&D
Lin et al ⁴²		Taiwan	1/1		BS, laryngoscopy	None	—
Lin et al ⁴³		Taiwan	16/16		BS, surgery	Surgery	—
Liberman et al ⁴⁴ Lowry et al ⁴⁵		Canada USA	3/8 1/1		BS, CT, surgery	Surgery	_
Lyall et al ⁴⁶		USA	1/1	Case report Case report		Surgery Surgery	
Lucaya et al ⁴⁷		USA	4/4	Case series		Surgery	I&D
	.000	50,1	-11-1	5400 001108		Juigory	1005

Table 1 Articles included in the review and relevant descriptive details

Table 1	
1	

(continued)

Austheau	Veen	Geographic	Sample size,*	Study	Diagnostic	Final therapy	Previous
Author	Year	origin	n = 202/576	design	methods	used	treatment
Mahomed et al ⁴⁸		Scotland	2/2		MRI, surgery	Surgery	_
Makino et al ⁴⁹		Japan	5/9		BS, laryngoscopy	Surgery	I&D
Martin del Rey et al ⁵⁰	2002	Spain	2/2	Case report		Surgery	I&D
Mizuno et al ⁵¹		Japan	1/1		BS, laryngoscopy	Surgery	—
Moreno Hurtado et al ⁵²	1996	Spain	1/9	Case series	Surgery	Surgery	_
Morrish et al ⁵³		USA	1/1	Case report		Surgery	_
Mortelmans et al ⁵⁴	2005	Belgium	1/1	Case report	MRI, CT, US	Surgery	-
Mouri et al ⁵⁵	1998	Japan	4/25	Chart review	CT, laryngoscopy, surgery	Surgery	-
Nonomura et al ⁵⁶	1993	Japan	3/4		BS, laryngoscopy	Surgery	I&D
Nusbaum et al ⁵⁷		UŚA	1/12	Case series		Surgery	_
Ostfeld et al ⁵⁸	1991	Israel	1/1	Case report	Surgery	Surgery	I&D
Orti et al ⁵⁹	2003	Spain	3/3	Case series	BS	Surgery	I&D
Ozaki et al ⁶⁰	1990	Japan	1/1	Case report	US	Surgery	I&D
Pantaleoni et al ⁶¹	1992	Italy	1/1	Case report	Laryngoscopy	Antibiotics	—
Park et al ⁶²	2000	Korea	17/17	Case series	BS, CT, MRI, laryngoscopy	EC (15), antibiotics (2)	Antibiotics
Park et al ⁶³	1993	Korea	4/4	Case series	BS, CT, surgery	Surgery	I&D
Patra et al ⁶⁴	2002	India	1/1	Case report	BS, laryngoscopy	Surgery	I&D
Pereira et al ⁶⁵		USA	1/5	Case series	MRI, surgery	Surgery	_
Perez Candela et al ⁶⁶	2000	Spain	3/3	Case series	CT, MRI	Surgery	-
Rea et al ⁶⁷	2004	UK	5/8	Case series	BS, laryngoscopy, surgery	Surgery	I&D
Regas Bech de Careda et al ⁶⁸	1992	Spain	3/3	Case series	BS, laryngoscopy	Surgery	I&D
Reiter et al ⁶⁹	1982	USA	1/1	Case report	Surgery	Surgery	I&D
Rochibaud et al ⁷⁰	2000	Canada	1/1	Case report		Surgery	_
Sanusi et al ⁷¹	1982	USA	1/1	Case report	Surgery	Surgery	_
Schloss et al ⁷²	1986	Canada	2/2	Case report	BS, laryngoscopy	Surgery	I&D
Skuza et al ⁷³	1991	USA	1/1	Case report	BS	Surgery	—
Singh et al ⁷⁴	1979	USA	1/1	Case report	Surgery	Surgery	—
Stone et al ⁷⁵	2000	USA	1/1	Case report	BS, CT, laryngoscopy	Surgery	I&D
Taylor et al ⁷⁶		USA	1/2	Case report	СТ	1&D	_
Tyler et al ⁷⁷	1992	USA	1/1	Case report	BS, CT, laryngoscopy	Surgery	—
Ueda et al ⁷⁸	1986	Japan	1/4	Case series	BS, laryngoscopy	Surgery	I&D
Vade et al ⁷⁹		UŚA	1/1	Case report		Surgery	_
Vermeire et al ⁸⁰	1993	Belgium	1/1	Case report		EC	_
Wagner et al ⁸¹	1988	USA	4/8	Case series		Surgery	_
Wang et al ⁸²		Taiwan	5/5	Case series		Surgery	_
Yanai et al ⁸³		Japan	1/1		Laryngoscopy	Surgery	_
Yamashita et al ⁸⁴		Japan	1/1	Case report		Surgery	_
Zarbo et al ⁸⁵		USA	1/1	Case report		Surgery	_

BS, barium swallow; CT, computed tomography; MRI, magnetic resonance imaging; US, ultrasound; I&D, incision and drainage; EC, endoscopic cauterization; NR, not reported.

*The numerator represents the number of cases meeting criteria for a third branchial arch anomaly (see text); the denominator represents the total number of cases presented in the report.