



Madam, Sir,

You're going to be hospitalized for surgery.

Rules of hygiene are essential to reduce the risk of complications after your intervention. For maximum efficiency, two preoperative showers must be performed according to the procedure indicated on the back, as well as two mouth washes and two nose cares.

WHY?

These pre-operative procedures are intended to:

- Eliminate the majority of the germs normally present on the skin and mucous membranes, before any surgery.
- Reduce the risk of nosocomial infections.

The successful completion of these procedures is necessary to improve the safety and quality of care provided by the entire hospital health care team.

WHEN? The night before and the morning of the surgical procedure.

If you are admitted in the hospital the night before surgery, these procedures will be carried out within the hospital.

If your admission is on the day of the surgery, you need to do the first shower, mouth wash and nose care at home during the evening of the day before surgery (the 2nd will be done at the hospital a few hours before surgery). After showering, dry yourself carefully with a clean towel and put on clean clothes.

Do not shave the area that will be operated (shaving creates small cuts that promote infection). For the beard, do not shave during the last 3 days prior to surgery. If necessary, a depilation (with clippers) will be carried out by the healthcare team according to your surgeon's protocol.

WITH WHAT?

- Prontoderm® Shower Gel, an antiseptic soap used for preoperative showers: according to the steps on the back.
- ProntOral® mouthwash: after brushing your teeth, gargle with 10ml of the solution for 30 seconds than spit, do not rinse.
- Prontoderm® Gel Nasal: apply a small quantity, about the size of a grain of rice, with a cotton swab over the entire inner surface of the nasal vestibule.

Don't forget to bring to the hospital these disinfection products prescribed by your surgeon.

If you observe the few rules described here, you will help the nursing and medical staff to offer the best care while being directly involved in your care.



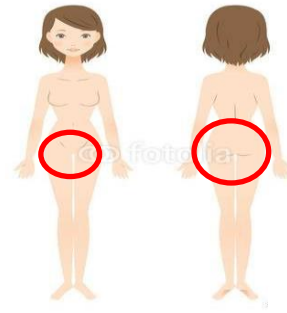
1. Remove all jewelry from your hands, feet, as well as any piercings. Do not put them back. Remove all make-up.



5. Insist on the neck, behind the ears, under the arm pits, in the navel, the groin folds, and the feet.



2. Wet the entire body and hair.



6. At last, soap your genitals and buttocks.



3. Generously pour antiseptic soap starting with your hair (do not schedule a hairdresser appointment in the preceding days).



7. Rinse generously from top to bottom. Repeat steps 3, 4, 5, 6, and 7 a 2nd time.



4. Soap all over the body. The antiseptic soap should lather, until white foam forms.



8. Wipe with a clean towel. Put clean clothes and clean slippers (do not walk barefoot).